

## Thank You to Our Event Hosts

Each year, Marklund receives additional funding from special "Third Party Events" sponsored by families and friends of our organization. We'd like to thank the following individuals for recently taking the time to plan and host their own fundraisers:

~ Kay and Mike Borchardt  
~ Tammy and Al Muto  
~ Melissa Majeski & North Central College students

If you are interested in hosting a Third Party Event fundraiser for Marklund, please contact Jeannine Zupo, director of special events, at [jzupo@marklund.org](mailto:jzupo@marklund.org), or 630-593-5445.

### OUR LOCATIONS:

**Marklund at Mill Creek** | 1S450 Wyatt Dr., Geneva;  
**Marklund Philip Center for Children** | 164 S. Prairie Ave.,  
Bloomington, IL  
**Marklund Resale Store** | 490 Georgetown Sq.  
Wood Dale, IL

*Client Mike F. enjoys working with Marklund CNA,  
Jonica Quigley.*



For information about services offered to community clients, contact Tony Quinones at 630-593-5450 or [tquinones@marklund.org](mailto:tquinones@marklund.org).

"I am so pleased with Mike's progress," said his mom, Virginia. "And he enjoys being at Marklund. And that's so important, for him as well as for me."

### Save the Date

Marklund's 16th annual  
Top Hat Ball  
"An Evening in Paris"

Sat., Feb. 11, 2012  
6 p.m.-12:30 a.m.  
Marriott Chicago  
Downtown

For reservations:  
[www.TopHatBall.org](http://www.TopHatBall.org)

### Looking Ahead

Marklund's 30th Annual  
Golf & Spa Classic

Mon., May 21, 2012  
Hilton Chicago

Indian Lakes Resort,  
Bloomington, IL

Visit: [www.  
MarklundGolfClassic.org](http://www.MarklundGolfClassic.org)

## SPECIAL TRIBUTE

*Thank you to those who offered donations in honor or memory of the following family members and friends:*

### IN HONOR OF:

Jan Billings, Linda Carr, Thomas Christopher, Tracey Coffey, Jenny Furgala, Jack Hardman, Brenda Johnson, Mitch Kleya, Tyler Loch, Katie McEvilly, Alex Price, Jessica Wagman, Erin Wick, Donna Welch, Michele Wood

### IN MEMORY OF:

Nathan Ambruster, Harold Blue, Jodie L. Bradley, Maryann Cichelli, Lillian Emerson, James Furner, Bob Holzkampf, Valerie Keating, Jeffrey Koeller, Loretta Kubica, Robert Lesage, Ashley McLaughlin, Irene Mueller, Elvira Oglesby, Bernieta L. Reel, Roger Schwartz, Mr. O.P. Sood, Mary L. Sweet, Florence Thompson, Mary Clare Toffenetti, Steve Welch, Fred Wylie, Fr. Robert Yast



### HELP US GO GREEN!

Starting next year, we are going to create e-versions of the Care Letter that will be accessible via the Marklund website in addition to the printed version. If you would like to receive our e-newsletter in the future, please send a note to Dawn Lassiter-Brueske, Director of Marketing, Communications and Public Relations, at [dlassiter@marklund.org](mailto:dlassiter@marklund.org). Thank you!

[www.marklund.org](http://www.marklund.org)



## 16th Annual Top Hat Ball An Evening in Paris February 11, 2012

# SAVE THE DATE

A Newsletter for Those Who  
Care About Marklund

# CARE LETTER

WWW.MARKLUND.ORG | WINTER 2011

*Marklund*  
RISING ABOVE LIMITATIONS

### MARKLUND

1 South 450 Wyatt Drive  
Geneva, IL 60134

Non-Profit  
Organization  
U.S. POSTAGE  
PAID  
Permit #3  
Bloomington, IL  
60108

## Amazing Benefits of Aquatic Therapy

### ITS MORE THAN A POOL

Danny sits in a wheelchair most of the day. His physical therapists at Marklund work with him often to stretch and strengthen his constricted muscles using various pieces of therapeutic equipment. It's a slow, strenuous process. But on the days he is able to get into the therapy pool, things progress much faster. He can stand on his weak legs and maintain balance thanks to the water's buoyancy. Arms that are normally tightened against his torso become relaxed in the warm water and stretch out allowing him to reach for a beach ball and hand it to a visitor.

Marklund is one of the few nonprofit organizations in the northern Illinois area specializing in the care of individuals with developmental disabilities to have its own heated aquatic therapy pool on site. In the pool and adjacent whirlpool spa, Marklund's clients receive this specialized form of specialized physical therapy, one which they thoroughly enjoy. Aquatic therapy has been proven to increase circulation, range of motion and relaxation. The properties of the water, such as its buoyancy, allows for more dynamic exercises in a safe environment.

*Marklund residents truly enjoy aquatic therapy.  
Right: Danny & Cathy at the pool.*

Aquatic therapy allow the therapist to move and manipulate the patient with greater ease and diversity. It also allows for people to achieve a variety of therapy goals, which is a win-win situation for all involved.

Staffed by aquatic and physical therapists, Marklund's aquatic therapy program is supported solely by private donations as it is not among the services reimbursed by state funding. However, thanks to a recent \$540,000 gift from the Foglia Family Foundation, Marklund is able to increase the staffing and expand the program, giving its clients three times the amount of aquatic therapy received each year.



## VOLUNTEERING

### COMMUNITIES REACH OUT WITH HELPING HANDS

For nearly 60 years, members of the surrounding communities have stepped up to volunteer at Marklund. Whether working with clients, in the office or at special events, the support of our volunteers is priceless.

In just the first nine months of this year, 1,262 volunteers provided nearly 28,000 volunteer hours to Marklund and its clients. More than 60 groups from area schools, scouts, churches, organizations and businesses made a difference in the lives of our residents by assisting with special events and sports activities, playing games, working on crafts, reading, and participating in outings to local places as well as Chicago sites. We couldn't do what we do without our volunteers! If you are interested in volunteering, but are not sure in what capacity, we can help you learn about the many options. No matter what your gift, talent or skill, we need you, and our clients need you too.



*Adam G., a Marklund client, enjoys the Christmas tree decorating completed by members of the Central DuPage Hospital Marketing Department. A group of 50 volunteers from CDH visited Marklund recently to decorate the Developmental Training classrooms for the holidays.*

### VOLUNTEER CREATES MUSIC VIDEO TRIBUTE

Volunteering at Marklund's Children's Home since early 2009, Bob Collins recently expressed his appreciation to the its employees for all they do by writing and producing a blues-styled song and music video called, "Marklund is the Place."

"It's a musical thank you note to the staff," said the Carol Stream resident. "I've seen them show such compassion to these children, and to go above and beyond what their duties are--it just inspired me to do this."

A guitarist who plays with friends in local bands, Collins recruited musicians to help him out in this endeavor. He and his bandmates—one of whom even works as a nurse at Marklund--recorded the song and taped the video at his church, Community Fellowship in West Chicago.

"Bob is a great guy," said Lois Sheaffer-Kramer, director of children's services at Marklund. "He is so dedicated to our young clients. When he gave us the video, we were very impressed. The staff loved it!"

The video is available for viewing at [www.YouTube.com/TheMarklund](http://www.YouTube.com/TheMarklund).



### STAFF SPOTLIGHT:

#### Meet JP



Jalpa Pandya, "JP," as she's known by her coworkers and clients, thought she'd stay with Marklund for about a year. That was 11 years ago.

"I have such a connection with the clients. They're a part of me now."

A graduate of the University of Illinois, with a Master's Degree in physical therapy from Northwestern University, JP works with Marklund's clients both on land and in the aquatic therapy pool. "I love being with them in the pool. The clients are lighter, they are relaxed. There are some things I can't do with them on land that I can in the water. I can get the stretch, mobility, range of motion I need. We can accomplish so much more in the pool."

Thanks to a substantial gift made recently in support of the aquatic therapy program, JP will expand her staff and work with a physician on a research project to objectively measure the many benefits of aquatic therapy for individuals with developmental disabilities.

"People often ask me if it's depressing to work with this population," JP said. "I tell them it's not depressing at all. Our clients are so happy. I wish we could all be like that."

## Donations Make it All Possible

### SUPPORT OUR ANNUAL APPEAL

It's every parent's nightmare...in the blink of an eye, a tragic accident involving an innocent child changes life forever.

Founded in 1954, Marklund began as an organization that cared for children who were born with or, because of an accident, acquired developmental disabilities. As these children grew up, we realized we needed to expand our circle of care, and serve individuals of all ages.

Now, 57 years later, Marklund has two facilities – our Bloomingdale site that serves as our children's home, Day School and Life Skills Academy, and our Geneva campus for adults in the residential and community programs.

We are able to provide our high standard of care with the support of people like Sharon, who believe that everyone deserves the

opportunity to lead a full and meaningful life. Please join us in making a difference, by offering hope, opportunity and joy.

Give a gift to Marklund's 2011 End-of-Year Appeal to ensure that Marklund is there to support and care whenever needed. To donate, visit [www.Marklund.org](http://www.Marklund.org). or call 630-593-5484.

*"I give to Marklund because those before me gave; someone else made sure Marklund was there for my daughter. I can do no less for someone else's child."*

—Sharon, Marklund parent



### A MESSAGE FROM GIL FONGER, PRESIDENT & CEO



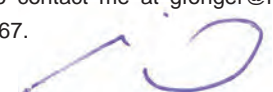
I just finished reading a fascinating book titled "Bonhoeffer: Pastor, Martyr, Prophet, Spy." Dietrich Bonhoeffer was a German Lutheran pastor who became part of the German resistance movement against Nazism and participated in the plot to assassinate Adolf Hitler. This led to his own execution by hanging in April 1945, just days before the Nazi surrender.

Many people do not realize that in addition to the Nazi's persecution of the Jews was their program, code named "Operation T-4," to systematically kill the mentally ill and the handicapped. In all, over 200,000 individuals were murdered under the T-4 and other "euthanasia" programs.

In stark contrast to this, in 1954, less than a decade after the defeat of the Nazis, Claire Haverkamp and her husband Stan began a place that would value, cherish and serve individuals with developmental disabilities. An organization founded on a profound respect for those we serve and a commitment to help them to live fulfilled lives. For almost 60 years Marklund has continued to live out that legacy with an unwavering commitment to excellence.

In this holiday season, I want to thank you for helping to make it possible for Marklund to be able to serve a very special group of individuals and assist them in "Rising above Limitations." Your gifts help to make miracles continue to happen...every day!

Feel free to contact me at [gfoner@marklund.org](mailto:gfoner@marklund.org) or 630-593-5467.



### LIFE SKILLS PROGRAM BENEFITS TEENS WITH AUTISM



Marklund's Life Skills Academy provides opportunities for high school students ages 14-21 who are diagnosed on the Autism Spectrum to participate in functional and meaningful activities within a highly structured environment. The goal is to enable them to maximize their potential and achieve personal success based upon their own interests, strengths and needs.

Students in the Life Skills Academy participate in a specialized functional curriculum, with an emphasis on Communication Skills, Functional Life Skills, Social Skills, Functional Academics, Community Integration and Vocational Skills. They also benefit from: Speech Therapy, Occupational Therapy, Physical Therapy, Music Therapy, Recreational Therapy, Behavioral Therapy, Aquatic Therapy, Snoezelen Therapy/Sensory Room, and Job Training/Job Coaching.

The Life Skills Academy is held at the Marklund Children's Home, 164 S. Prairie Ave., in Bloomingdale. For more information, contact Wendy Berk, director of special education at 630-307-1882, ext. 3248 or email [wberk@marklund.org](mailto:wberk@marklund.org).