



# Marklund Hyde Center Spring 2021 Newsletter

## A Note From The Administrator

Families and friends,

Spring is in the air and we are so excited to be back out in the community to enjoy it!! Our activity and outing staff are busy finding and creating new outdoor activities for our residents to safely enjoy both on and off campus.

Since our last newsletter, we have hosted four COVID vaccine clinics for residents, clients, staff and essential caregivers/guardians. Our residents are once again able to go out on pass with their loved ones and resume many of the activities we have had on hold for the last year. We will continue to offer opportunities for vaccination on a monthly basis through our residential pharmacy partner, Symbria.

Our CDS Program has resumed on a hybrid schedule to allow for social distancing and deep cleaning of the classrooms between use by the different group homes. Presently, residents are able to attend the day program at the Hyde Center two days per week and receive CDS services in their home the remaining three days of the week.

While it is hard to believe that we have been managing through a pandemic for over a year, it does spark one to pause and reflect on the whole of it. From the first news reports in China, to the first Stay-At-Home order to "flatten the curve," and now getting vaccinated to "bend the trend." It has been a roller-coaster of a year emotionally, mentally, and physically. A fellow nurse shared a quote with me once which has stuck with me over the years, and befitting now more than ever:

"Plan A is always our first choice...

The one where everything works out.

But more often than not,

We find ourselves dealing with the upside-down,

Inside-out version

Where nothing goes as it should.

This is where the real test of character comes in.

Do we sink or do we swim?

Do we wallow or simply shift gears

And make the best of the situation?

The choice is ours.

After all, life is all about how you handle Plan B."

Thank you, as always, for your continued support and gratitude. We have had to shift gears from Plan A to Plan B (and sometimes C) to keep your loved ones and our staff safe over the last year. We thank you for your continued patience and trust in the Marklund family.

Best,

Krissy- MHC Administrator



# Nursing Updates



Dear Parents and guardians,

I took a moment to look at what I had sent out in last year's newsletter at this same point in 2020. We have truly gone through so much with COVID and have come out stronger. As things are slowly evolving to the new "normal", it has been awesome to see the joy on our residents faces when they see you in person and how excited they are to do all the things we took for granted. As always, thank you for your patience as we enter each new phase or address changing restrictions. We are continuously trying to improve the ways we implement our processes. If you have suggestions, they are always welcome.

As we head into mid spring the flu season is winding down. We have been very fortunate to have avoided the flu bug this year. Obviously, many of the protections that were put in place for COVID, helped to keep the number of cases down state wide. We would be wise to continue to practicing these measures throughout the year.

Enjoy the upcoming spring weather and stay well.

Bev- Director of Nursing



# Upcoming Birthdays

## May

Scott E  
Mac S  
Cheryl N  
Denny S  
Heather M  
Reggie T  
Kelly C  
Joey K  
Jimmy K  
Jackie W  
Justin P

## June

Megan K  
Selena C  
Deanna W  
Chrissy F  
Lizze V  
Jennifer H  
Julian P  
Rachael B

## July

Kitt Z  
Ashley N  
Kathleen L  
Maurice P  
Jack H  
Tish S  
Paige O  
Tom R  
Lauren S  
Mary Carole M

# Important Dates

June 5- MHC Parent Meeting-via zoom





Happy Spring Everyone! We are so very excited that we are now officially having Community Day Services back at the Hyde Center which was effective March 29th! Our residents are coming over on a rotating schedule and staying with their housemates in the classrooms, which is working out nicely. In addition to our residents, we officially opened our doors to our Community Client's effective April 12th! Everyone is all smiles and enjoying being back at CDS.

Our Developmental Instructors and Community Integration Team have continued working hard since our last update and have continued to enjoy celebrating the different National Days/Holidays with the residents and even celebrating Easter by having a special visit from the Easter Bunny! The residents and community clients also enjoyed working on 'seed bombs' with the therapy team and launching them with a sling shot into the open field where the wild flowers will eventually grow!

We have some changes with our Developmental Instructor Team. We have welcomed a new Developmental Instructor, Sydney Lentz, to Room 7. She started at Marklund on April 12. She comes to us already trained as a PSP and QIDP. We are happy to have her.

Although we are not doing any community outings during CDS at this time, we have been taking the residents out for walks and completing vocational jobs with them onsite which they seem to really enjoy.

Overall, there've been so many great engaging activities taking place all over campus over the past few months, so please make sure you continue to check in with our Facebook page to stay up to date and so you can enjoy all the wonderful pictures!

Take care and be safe,

-Kayla A. Clifton, CDS Program Manager/QIDP  
kclifton@marklund.org



Sydney L. -Room 7 DI



# From the Homes

## MDH

Hello Dreher Friends and Family!!

So much has happened this quarter we can't quite contain our excitement! We are able to go on outings, visit with family, and go on home visits! It has been a long year and while we still continue to take precautious measures, little by little we are getting to do the things we loved pre-covid. If you are wanting to schedule a visit with your loved one or wanting to take the "out on pass" please reach out to myself during regular business hours at 630-593-5170 or [awilliams@marklund.org](mailto:awilliams@marklund.org).

This quarter we have celebrated Birthdays, Valentines Day, St. Patrick's Day, and Easter and we are excited for the warmer weather so we can go on more walks!

I can not express my gratitude enough for the parents and guardians of Dreher Home, you all have really done your best to help our staff and our residents during this trying time, while you yourself were going through your own storm of feelings. I think I can speak for all of Dreher Home when I say thank you, thank you, THANK YOU!! Thank you so much for all of the letters of gratitude, words of encouragement and copious amounts of snacks and food you have provided for the staff throughout everything. We are so incredibly blessed to have such amazing parents and guardians that care not only for their loved ones, but for our staff as well. Stay Blessed and Stay Healthy!

- Angela Williams. MDH Group Home Manager

## MHH

MHH has had the pleasure of welcoming two new residents to the home, Alyssa and Jenna.

MHH celebrated National Prom Day on March 31st. It was a day filled with fashion, friendship, music and fun! Gil, Marklund CEO, joined MHH in the fun!

Just as the other homes, MHH has resumed community outings with bus rides, trips to parks, nature trails, and walks along the river! The residents are so happy to get out of the house and out in the fresh air!

- Lem, MHH Group Home Manager



Jenna



Alyssa

## MRH

Greetings from Richard Home! The busy holiday season is over and everyone at Richard Home is anxious for warmer weather!

It is hard to believe we are 4 months into 2021 already. It has been great to see families visit indoors and on the patio of the group home the past couple months and recently, the ability to go home with family. I am sure having your loved one back home for even a day has been the highlight of the past year!

We celebrated St. Patrick's Day with an array of different activities and began getting the house ready for Spring.

March brought the return of CDS at the Hyde Center two days a week and also the return of outings!! With over a year since the last bus left campus with residents for a community outing, I am certain this milestone touched everyone as much as it did myself. Our residents at Richard Home were able to have two outings in March and we accomplished getting 10 residents out! Thank you to Lisa Cress, CI Team Member and LaShawn Williams, MRH TAA for providing MRH's outings each Wednesday. We hope regulations continue to let us get out in the community.

- Gina, MRH Group Home Manager

## MSH

Sayers Home residents are very excited to be returning to CDS at the Hyde Center 2 days a week! On the other 3 days, CDS is held in the home and curriculum is still being presented. Our Developmental Instructor, Lorin, provides interactive lessons, and our Community Integration staff, Stephanie, helps plan "theme weeks" and activities and crafts to go along with them. One example was Dr. Seuss week. We've celebrated Valentine's Day and St. Patrick's Day, and the residents had such a great time!

Residents are very grateful for the kind and generous donations of 2 TVs that are in both wings of the home. This provides them with different options for TV shows or movies, and more can enjoy relaxing in front of the TV after a busy day of CDS.

Sayers Home is looking forward to enjoying Spring weather for walks and outside activities, and other outings. Residents have also been able to enjoy long overdue hugs and hand holding from their loved ones under current CDC guidance. We hope to continue in this positive direction so we can all be together again.

- Bernadette, MSH Group Home Manager

## MTH

MTH is so excited to be going back to CDS and getting out in the sunshine! We made fun t-shirts to wear on the first day back to CDS, everyone really enjoyed them!

We are also very pleased to announce that MTH has a new Group Home Manager, Carly Spengler. Carly has been at Marklund for 2 years working as a PSP and then as a DI for classroom 7. She is a wonderful asset to the team and Tommy Home! Carly can be reached at 630-593-5155 or [cspengler@marklund.org](mailto:cspengler@marklund.org). Please continue to include me on all e-mails as Carly acclimates to her new position.

MTH residents loved getting dressed up and dancing at their prom! The staff worked really hard to make the event special for them. We also fulfilled a residents wish of celebrating her birthday with a food fight! The residents thought it was hilarious to throw food at their friends and staff.

-Britt Sullivan, Assistant Administrator



Carly

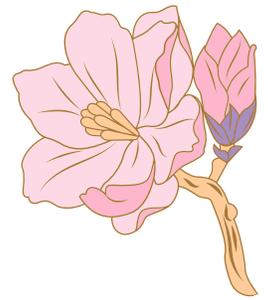
## MVH

To say we are excited about guidance loosening up is an understatement. We have been riding a wave of emotion the last week or so seeing our residents getting to embrace their families for the first time in a year. Please reach out to me to set up a visit or a home visit!

We are also happy to have started outings again. While we are sticking to bus rides and outdoor activities, Johnathan and Michele have been making an wonderful effort of getting residents out of the home and in the fresh air!

- Sue Molenkamp, MVH Group Home Manager

# From Development Year End Appeal



**Your gift will be matched, dollar-for-dollar, up to a total of \$10,000, by BMO Harris Bank if made by June 30!**

Individuals like those served at Marklund have been affected greatly by the COVID-19 crisis, losing thousands of hours of in-person visits, and outdoor and group activities. We are slowly resuming our normal activities while following Illinois Department of Public Health guidelines, but your support is critical in ensuring our staff have the resources needed to keep our residents safe.

## **Marklund. Never. Stops.**

We keep moving forward, and people like YOU help our staff provide the highest level of care as we continue our mission to ***make everyday life possible*** for every individual we serve.

Your support makes a great impact. Thank you for your dedication to the people we serve!

<https://www.marklund.org/weneverstop/>



# Winter 2020/2021 Pictures



