

# Personal Hygiene Permission

Personal hygiene and good grooming skills are essential to the development of good habits and self-esteem. Many students require training in various activities of daily living. If the need arises students have access to a shower at school.

**Please initial each below to give permission** for your child to receive assistance in the following areas, if necessary

- Diapering: \_\_\_\_\_ → Tooth brushing: \_\_\_\_\_  
→ Toileting Assistance: \_\_\_\_\_ → Shaving (electric razor): \_\_\_\_\_  
→ Clothing Changing Assistance: \_\_\_\_\_ → Shower: \_\_\_\_\_

To comply with the 23 Illinois Administrative Code 401.220(b) requirements, the following privacy/dignity procedures will be followed by all Marklund Day School staff. Marklund Day School remains committed to preserving and affirming the dignity of all fellow humans, and especially those students committed to our care and training by their families or state agencies.

Students requiring assistance/training in personal hygiene habits or procedures will be spoken to, assisted, and trained in private areas removed from other students, peers or adults. Areas used for changing diapers, sanitary pads, etc., will be private areas set apart by either walls/doors or curtains. Gloves, sinks, soap, etc., will be available to staff and students as needed.

Every effort will be made to give privacy for these personal tasks. At times, more than one staff person may be necessary in the area when physical assistance requires more than one person, but all efforts will be made to limit the number of persons in the areas set aside for personal hygiene care.

Future independence in personal care will remain the goal. Each student will have specific procedures outlining the level of assistance that is needed with personal care. Staff members will receive training on the student's self-care plan.

When students are in crisis and were to disrobe, Marklund Day School staff will ensure that the privacy and dignity of the students are maintained. When possible, movable walls will be used to obstruct the view of the student in crisis from others. Staff will ensure that students who disrobed are covered and out of the view of others.

The dignity of students will be given primary considerations at all times during any or all of the above procedures. My signature indicates that I have received, read, understood, and agree to follow Marklund Day School privacy and dignity policy and procedure.

Student Name: \_\_\_\_\_ Date: \_\_\_\_\_  
Parent/Guardian Name: \_\_\_\_\_  
Parent/Guardian Signature: \_\_\_\_\_