

CONNECTIONS NEWS for the employees of MHC, MPC, MWC & MDS

AUGUST 16, 2018

Volume 13 Janua 17

Welcome the newest staff members on the Marklund Team!



Katherine Galazka- Staff Nurse, MHC

I come from a traditional Eastern European family with one older sister. I have two wonderful hardworking parents and we are adding to our small family with sister's new husband and my fiancé. My sister and parents are from Poland but I was born and raised in Chicago. I currently live in Oswego. I worked at a sports rehabilitation facility for five years called Pro-Sports and Spinal Rehab in Plainfield. I enjoy interior decorating, snowboarding, skiing, hiking, and touring old homes and buildings.



Monica Arroyo- PSP, MWC

I have two sisters. I am the middle child. My parents are in their early forties and are from Mexico. I currently live in Schaumburg. I have worked as a front desk receptionist and at an after-school open gym program. I love to dance, play volleyball, basketball, and draw.



Kassandra Vega- Teacher's Assistant, MDS

I am the middle child of three with two brothers. We are a small but close family along with my mother who raised us all. I grew up in the Northwest suburbs in Itasca but currently live in Franklin Park. I have worked in many designer retail companies and also at an animal hospital. Some of my hobbies include going on hikes, running with my dogs, and going to new places around the city.



Jacob Van Dyke- Teacher's Assistant, MDS

I am the oldest of four kids. I have two brothers and a sister. I graduated from Wheaton College and still live in Wheaton. I enjoy getting outside any way possible by playing sports, Frisbee, hiking/camping, and exercising. I also read a lot.



Roxanna Govea- PSP, MWC

I am the youngest out of my four siblings. I have two brothers and one sister. I have eight nieces and nephews. I live with my parents and have a dog named Rocky. I am from Elgin and have lived in the same house since birth. I like to read and draw in my free time.



Teddy Tingal- Teacher's Assistant, MDS

I am married with one child. I was born and raised in the Philippines. I currently reside in Elmwood Park. I have worked at Glenkirk, Magid Glove and Safety, and Jen Home Health Care. I enjoy drumming, biking, skateboarding, and reading books.

ADDITIONAL NEW HIRES AT MARKLUND

Stephanie Tuffey - Senior HR Generalist, MHC Jill Bradley - Housekeeper, MDS Vicky Kitners - Staff Nurse, MWC



AUGUST 16, 2018

We started the new fiscal year very strong with 163 nominees...our largest group...ever!

Even though you make my job of selecting those to be recognized as first among equals very hard, I want to thank each of you who took the time to recognize your fellow staff. You can tell that it means a lot to everyone who receives a You Caught My Eye sticker because I see people wearing them and even saving them.

With the very large pool of candidates, I selected a total of five for this month: **Samantha Miller** (MDS - Bloomingdale), **Norma Pepsnik** (MDS - Elgin), **Michelle Sosa** (MHC - PTA), **Jennifer Twohey** (MHC - PSP), and **Bridgette Tyndall** (MHC - Therapy Aide)

Sam is a relatively new teacher at the Marklund Day School in Bloomingdale. She started with us in February. She received a total of NINE nominations. She was commended for her teamwork, starting a new program, her perseverance, supporting staff and her commitment to our students. She is commended for her

Norma is a Parapro at the Marklund Day School in Elgin. She has been work us for over 15 years and is a past Claire Haverkampf winner. A new staff member commended her for how welcoming and helpful she has been. The new staff member said that she was "grateful to have her as a co-worker and friend. A great person to look up to." Norma is commended for her **attitude**, **compassion and teamwork**.

Michelle and Bridgette work in the Therapy Department. Both of them are coming up on their two-year anniversary this month. Michelle is a PTA and Bridget is a Therapy Aide. They were both recognized for – on their own time – taking two of the MHC clients to a Cougars game. They are commended for their attitude and compassion.

Jen is a very new PSP at MHC; she has only been with us since June. She may be the newest staff that I have ever selected. She was commended for going out of her way to get 24 tickets to a Cougars game donated for our clients. She is being commended for her accountability, compassion and creativity.

Again, congratulations to all but a special commendation to Samantha, Norma, Michelle, Jennifer and Bridgette.



Gil



In honoring the true spirit of this award, we are recognizing both the nominee and nominator acknowledged this month in our "President's Perspective" section of Connections

Join us in Congratulating July 2018 Winners:



Jennifer Twohey



Michelle Sosa & Bridgette Tyndall



Norma Pepsnik



Samantha Miller

Nominators:

Jackie Angioletti, Codi Ash, Beatrice Chen, Char Lukcas, Angela Williams, Mike Hemmes, RaeAnne Rhule, Gunjan Patel, Sam Mooney, Lois Sheaffer

Congratulations to all of our staff nominated for a "YOU CAUGHT MY EYE"

Tyler Adamson, Jaclyn Angioletti, Tammy Armstrong, Codi Ash, Wendy Berk, Cassie Bieberstein, Jennifer Bishop, Katerina Bishop, Cassy Blair, Prisca Boyas, Aly Brown, Andrew Carberry, Alexis Carrera, Beatrice Chen, Diana Claros, Jocylin Corral, Stephanie Dellegrazie, Antonietta Diaz, Edyta Dziarkowski, Megan Edwards, Delice Eno ,Lisa Esposito, Kelly Fitzgerald, Joselyn Flores, Angie Franks, Shannon Gardner, Kathy Garza, Kevin Gatto, Viola Gerus, Stephanie Gomez, Jasmine Gomez, Sydney Hedlin, Bobbi Hilsbeck, Sara Janito, Mike Jones, Laurie Kaczmarek, Cammi Kayse, Tom Kazda, Sit Keorajawongsay, Mary Kobbeman, Angela Kopulos, Lizzy Kuhn, Yanary Labrador, Brenda Lamb, Emily Leavy, Rose Leon, Lauren Maheras, Taylor McComb, Jessie Meilahn, Onieda Melecio, Christina Mendez, Sam Miller, Nancy Montes, Mary Motyka, Sarah Mulligan, Yessy Munoz, Amanda Nordmeyer, Cindy Novak, Michelle Orwig, Daria Osmond, Jacqui Ott, John Pasano, Norma Pepsnik, Joel Pinto, Oscar Ramirez, Nena Ramirez, Heather Ravenna, Jessica Redmond, Kelly Reszke, Mariel Rodriguez, Leslie Scheffel, Adam Schutz, Kim Serber, Lois Sheaffer, Kayland Smith, Michelle Sosa, Jeannie Stefanik, Amanda Steffen, Mandy Stein, Britt Sullivan, REST Team, Jennifer Thompson, Dara Torres, Jen Towhey, Desiree Trzaska, Bridget Tyndall, Lizzie Velazquez, Sarah Vitacco, Pam Vitika, Johnathan Walsh, Melissa Webb, Leachele Whitehead, Terry Wilkinson, Angela Williams, Leslie Worden, Nicole Worthem

Thank you to those who took the time to nominate their fellow co-workers

Angelo Amato, Jackie Angioletti, Codi Ash, Robin Avigliano, Suzanne Berrend, Cassidy Blair, Paula Bodzioch, Brianna Brodeur, Andrea Campos, Christina Cannistra, Beatrice Chen, Melissa Christensen-Webb, William Cobb, Rose Cousins, Jan Curz, Patricia Dahmen, Odalys Delapaz, Meghan Edwards, Diana Galto, Kevin Gatto, Rachel Gilmore, Heather Graves, Kathryne Hamilton, Mike Hemmes, Rose Holod, Amy Johnson, Lori Kaczmarek, Amber Kartheiser, Sit Keorajavongsay, Mary Kobbeman, Angela Kopulos, Yanary Labrador Brandie Lanoue, Dawn Lassiter-Brueske, Brittany Leonhard, Char Lukas, Julia McNaught, Alex Medina, Autumn Medina, Joseph Meiners, Kristy Michalski, Sarah Milligan, Sam Mooney, Mary Motyka, Laura Nykaza, Erik Ontiveros, Gunjan Patel, Susan Paustian, Julia Pennings, Jessica Redmond, Roseanne Rhule, Patty Robles, Suzanne Rushford, Jayona Sayachack, Lois Sheaffer, Jeannie Stefanik, Mady Stein, Britt Sullivan, Rebecca Thomason, Bridgette Tyndall, Jennifer Van Ostenbridge, Cheryl Wartan, Vicki Watts, Angela Williams,



#RepresentMarklund!

Cindy Novak, Public Relations Specialist, represented in Czech Republic



Vera Djackova, Lead Nurse at MDS Bloomingdale. represented in South Korea.





Krissy Dolen, MHC DON, and Jeannie Stefanik, MHC DT Manager, represented Marklund in Austin, TX, during CARF Training



On your next vacation or getaway, bring Marklund along!

Take a photo of yourself wearing Marklund attire, and we'll include it in an upcoming edition of Connections.

We want to see how many places and just how far our Marklund brand can reach!

Email your pics to Dawn Lassiter-Brueske, Director of Marketing & Communications, at dlassiter@marklund.org.

CONGRATULATIONS!

Staff Nurse **Tami Bator** on receiving her American Heart Association Stroke Certificate!!

Krissy Dolen, Director of Nursing MHC



HIPAA HABITS: What is Secure Print and Why Should I Use It?

Wendy Berk, Finance & IT Associate

The Geneva and Bloomingdale sites recently installed new Canon printers with a "Canon Secure Print" capability. We have made this the <u>default printer</u> for employees at that site.



1

Safe - confidential documents are stored on the copier until you are physically at the copier to release/print them.

HIPPA

Secure - only you can see/print the documents by using your employee badge to log into your Secure Print storage.

2

Choice - print to the Secure Printer from your computer and you can walk up to any copier to release the job.

CONVENIENCE

Time - cut down on trips to the copier - print multiple documents over a span of time and then release them all at once.

Do you have to use the Secure Printer EVERY time you print?

No – but if you are printing confidential information, such as protected health information, you SHOULDuse Secure Print to avoid a potential HIPAA violation!

Run, Walk & Roll - Geneva

Sunday, October 21, 2018 Start Time: 8 a.m.

Request your Marklund Run, Walk & Roll Buddy today!

All staff who are registered for the 1-Mile walk have the opportunity to request a Marklund resident to walk with on race day.

Please send the name of the resident to Stephanie Heinz sheinz@marklund.org by October 10th.

Make it a group effort by walking with your friends and family too!

THANK YOU!

Zurich North America

donated \$15,000

for the bathing area sensory update at MPC.



Baked Ziti and Summer Veggies

Ingredients

- 4 ounces uncooked ziti
- 1 tablespoon olive oil
- 2 cups chopped yellow squash
- 1 cup chopped zucchini
- 1/2 cup chopped onion
- 2 cups chopped tomato
- 2 garlic cloves, minced
- 1 cup (4 ounces) shredded part-skim mozzarella cheese,
- divided 2 tablespoons chopped fresh basil
- 2 teaspoons chopped fresh oregano
- 3/4 teaspoon salt,
- 1/8 teaspoon crushed red pepper
- 1/4 cup (2 ounces) part-skim ricotta cheese
- 1 large egg, lightly beaten,
- Cooking spray



Step 1

Cook pasta according to package directions, omitting salt and fat; drain.

Step 2

Preheat oven to 400°.

Step 3

Heat a large skillet over medium-high heat. Add oil to pan. Add squash, zucchini, and onion; sauté 5 minutes. Add tomato and garlic; sauté 3 minutes. Remove from heat; stir in pasta, 1/2 cup mozzarella, herbs, 1/2 teaspoon salt, and pepper.

Step 4

Combine ricotta, remaining salt, and egg. Stir into pasta mixture. Spoon into an 8-inch square glass or ceramic baking dish coated with cooking spray; sprinkle with remaining mozzarella. Bake at 400° for 15 minutes or until bubbly and browned.

www.myrecipes.com

