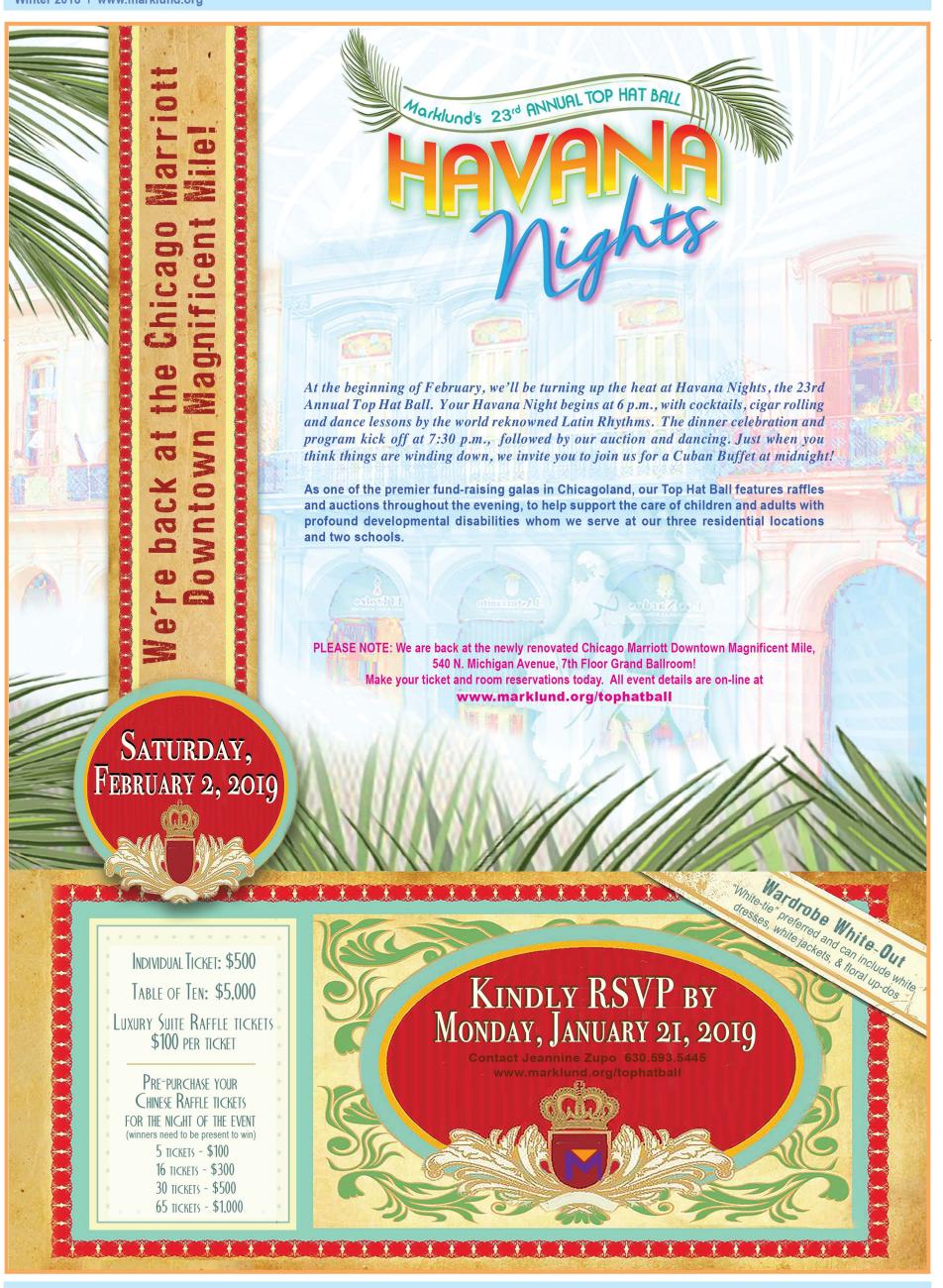


Winter 2018 | www.marklund.org





Marklund Hyde Center 1S450 Wyatt Drive Geneva, IL 60134 630.593.5500

Marklund Wasmond Center 1435 Summit Street Elgin, IL 60120 224.523.7530 Marklund Philip Center 164 S. Prairie Avenue Bloomingdale, IL 60108 630.529.2871 Marklund Day School 164 S. Prairie Avenue Bloomingdale, IL 60108 630.307.1882 Marklund Day School, Elgin Campus 1435 Summit Street Elgin, IL 60120 630.307.1882





Asking for help is hard...

John and Valerie Broschka agree. At age 3, their daughter, Katie, was diagnosed with Rett syndrome, an incurable condition that affects every aspect of her life: her ability to speak, walk, eat, and sometimes even breathe easily. Along with their other three children, John and Valerie provided Katie with nurturing and loving homecare for almost 20 years. They did their best, just as you would, to give her a wonderful quality of life at home.

As you might imagine, Katie's limitations put a physical and emotional strain on the family. Feeding, bathing, and changing her, helping her in and out of cars and up and down stairs, were part of their daily routine. As Katie and her family got older, their challenges increased. John and Valerie grew concerned for their daughter's future. Who would help care for Katie when they no longer could?

Thanks to the kindness of people like you, Marklund is here for them. "We needed to reach out and find someplace where we could partner in caring for Katie, helping her have the best quality of life. And we found that place - it's Marklund." - John Broschka

At Marklund, Katie has access to 24/7 nursing care, skilled therapists in every field, a nurturing staff, and lots of new friends! AND Katie is provided with special opportunities: she swims, plays baseball, goes to the local pumpkin patch, and shops for the holidays.

The partnership in caring for Katie has allowed for John, Valerie, and Katie's siblings – Natalie, Jonathan, and Allison – to enjoy greater quality of time with her as a family. They often cheer her on at baseball games, enjoy community outings together, and even stop by to tuck her into bed at night. The Marklund community has answered their prayers by becoming an extension of their own devoted family, thanks to your support.

Did you know that Marklund's standard of care is above what the State of Illinois funds? In fact, to provide services that Katie receives, the kind you would want for your loved ones, Marklund must raise an additional \$17,000 per resident this year. With your year-end gift, you can help provide the highest level of care for the 174 individuals who call Marklund home in Elgin. Bloomingdale, and Geneva.

"Just as we reached out to Marklund for help, we need others to partner with us in giving to Marklund to help fund the programs and opportunities for residents like Katie." - John Broschka

As an expression of their gratitude, the Broschka Family has offered to match your gift – dollar for dollar – up to \$20,000 if we receive it by December 31st, 2018. Your year-end gift can make twice the impact for Katie and all of Marklund's residents!

Thank you for helping Marklund continue our mission – our promise, to make everyday life possible for individuals with profound disabilities. Marklund is here because of YOU. Your year-end gift provides the best quality of life for residents like Katie at the Wasmond, Philip, and Hyde Centers. Thank you!



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Contributions to Marklund are tax-deductible as permitted by law.

Doubling my gift with a match by my employer



Krissy Dolen, Marklund's Geneva campus.

Krissy has been involved with Marklund since her first Top Hat Ball when she was 16-years old. She was hired as a staff nurse in 2013. In January 2016, recognizing her expertise, leadership and heart for our residents and community clients, Krissy became the Director of Nursing. She has been serving in the Interim Administrator role since May while continuing to be the DON. A member of DDNA (Developmental Disabilities Nurses Association), Krissy recently passed the Illinois **Exam for Licensed Nursing Home** Administrators, and will be taking the National Exam in the near future.



As Marklund has grown, FCL Builders has been part of our facility expansion to provide exceptional services for residents, students, and community clients. Their long history with Marklund dates back to the origins of the Hyde Center Campus in Geneva in 2002 and includes the expansion at the Philip Center and the construction of the Ann Haskins Center in Bloomingdale. FCL employees, Carie Carney, Project Executive, and Randy Lindenberg, Principal/VP Project Development, have been familiar faces at Marklund over the years. Because of her experience with her daughter who has special needs, Carie has been serving on Marklund's board since 2008. Prior to that, Randy's wife, Kate McCracken, served on the board, and both Randy and Kate chaired the Top Hat Ball.

Marklund is very pleased that FCL recently became one of our newest Corporate Partners.

As a new CP, they are sponsoring Top Hat Ball, the annual Golf Classic, and will be part of our new "Miracles in the Outfield" baseball sponsorship program, in which their name and logo will be featured on a banner that will hang on the outfield fence of the Hyde Center baseball field in Geneva.

FCL Builders spearheaded the Design/Build industry and is well-known for coordinating the process that turns ideas into buildings. With over 40 years in business, they are a national leader in the new construction of a multitude of facilities. Learn more at www.fclbuilders.com.

To learn more about Marklund's Corporate Partner Program, please visit www.marklund.org/cp or contact Vicki Watts at vwatts@marklund.org.



APRIL 28, 201

Meet some of our Therapy Specialists



Wesley Kochan, CTRS

Recreation Specialist / Activity Coordinator

At Marklund: 19 years

TYPE OF ACTIVITIES YOU DO:

I coordinate morning Recreation Therapy groups: Gym Games, Musical Fusion, Money Skills, Socialization Skills, Spanish 101, and Music, and Aquatic Therapy. Additionally, I work on special events, such

as Summer Games and leading some special volunteer-based activities. This is to provide a nice range of activities for our residents and clients that are fun, therapeutic, and safe, within the physical, cognitive, and social-emotional domains inherent in therapeutic recreation.

FAVORITE MARKLUND MEMORY:

Marklund Hockey League (MHL), numerous Summer Games events and any daily 1:1 interaction or intervention!



Rita Moore, MSOT, OTR/L

Occupational Therapist

At Marklund: 2.5 years

TYPE OF ACTIVITIES YOU DO:

I complete annual occupational therapy evaluations for every resident and community client at Marklund Hyde Center. I also perform individual and group therapy treatments including: aquatic therapy,

upper extremity groups, activities of daily living, Snoezelen room, sensory groups, hand treatment, vocational, upper extremity splinting, hot pack applications as needed, and more. I assess and issue adaptive equipment to increase our residents' participation and independence with daily tasks. I also consult with family, staff, and all team members regarding many aspects of resident care.

FAVORITE MARKLUND MEMORY: A great part of my job is getting to know our residents better and learning what activities they enjoy and what motivates them. Recently, a resident who usually does not engage or participate very much in group activities joined us for our upper extremity group. During this group, I had set up an adapted "fishing" hole and asked the participants to catch the "fish" with the adapted pole. I was surprised to see this resident actively participating and succeeding at holding the pole and catching fish! This resident caught the most fish out of any other group member that day and had the biggest smile I'd ever seen! I have so many great memories with Marklund and I'm grateful for every day that I get with my Marklund



Sybil Alex, M.A. CCC-SLP/L Speech-Language Pathologist

At Marklund: 5 years

TYPE OF ACTIVITIES YOU DO:

I aim to do activities that capture the students' interest and motivation so that they will communicate their needs and ideas. For example, choosing a favorite song, playing with a puzzle, reading a book

or completing a craft gives a student multiple opportunities to request more, ask to stop, describe items and indicate preferences to make choices. Communication of these messages allows the students to express themselves and helps us understand who these students are as individuals.

FAVORITE MARKLUND MEMORY: One of my favorite memories was working with Justin on his graduation address which he presented at the Marklund Day School ceremony a few years ago. Justin chose which words would describe his feelings and ideas about the day, I wrote it out and his dad recorded it on the voice output switch for Justin. At the ceremony, Justin's smile was so big as he activated the voice output switch and gave his address.



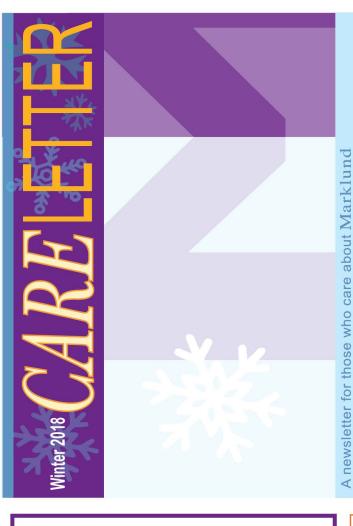
Jalpa Pandya, MPT Physical Therapist

At Marklund: 18 years

TYPE OF ACTIVITIES YOU DO:

I complete Physical Therapy evaluations, consultations, aquatic therapy, supervise physical therapy assistants as needed, in-service staff, various treatments with the residents, assist with orthotics, assist with wheelchair evaluations.

FAVORITE MARKLUND MEMORY: I have several, but one of my favorites was when one of the residents accidentally video called me through Facebook at home. My phone rang it said this resident was calling me. I was shocked, and when I picked it up, there he was, on my screen. He started laughing when he realized what had happened and saw me on the screen. I was proud of him to figure out how to do it via his iPad. I felt pretty special that he called me. And I loved seeing his laughing face. I also enjoyed doing the cerebral palsy awareness video with him (which by the way, has over 40,000 views on YouTube). He was pretty amazing as he relayed a very important message with his augmentive communication device.











Run, Walk & Roll-Bloomingdale April 28, 2019



37th Annual Marklund Golf Classic June 5, 2019







Connecting with High School Communities

Our residents love it when they get the chance to connect with local high school students. They can make new friends, have a lot of fun and give the young adults the opportunity to see what life is like at Marklund.. and perhaps go into the healthcare field! It's a win-win! This fall, we had some special visits from several, including members of the Batavia Bulldogs Varsity Football Team, the Kaneland Cross Country Teams, and Yorkville Christian High School. #HighSchoolersRock





Friends volunteer together at Marklund

Good friends Nick Byrd and Tim Moore have enjoyed hanging out with one another, since meeting 13 years ago while students at McHenry County College. Recently, they discovered a new way to spend time together – and give back to a good cause – by volunteering at the Marklund Wasmond Center.



Since February, Nick, of Dundee, and Tim, of Crystal Lake, have given their time once a week, engaging with residents and assisting with games, arts and crafts, outings and other activities. They also have served as course marshals at Marklund Run, Walk & Roll events in Geneva and Bloomingdale.

Wanting to give their time to a good cause, Nick and Tim began exploring volunteer opportunities last year. "When we came across Marklund's website, something struck a chord," Tim said. "Marklund's mission, making everyday life possible for individuals with profound disabilities, really had an impact on us." They signed up to help at a Halloween party, through VolunteerMatch.org. Two months later, they served at the Christmas gift opening.

"I get such a positive feeling by volunteering at Marklund," Nick said. "It's rewarding to help out, and to get to know the residents and their personalities."

"I try to add a little extra to the residents day and engage with them as much as possible," Tim said. For example, he recently brought a resident out to the courtyard at the Wasmond Center to enjoy the autumn sun and fresh air. Together, they collected leaves and talked about their changing colors. "Every time I leave, I feel like I've contributed to something worthwhile," Tim added.

Nick and Tim recently attended a bonfire at the Wasmond Center, with staff, residents and their family members. "There is a very strong sense of family and community at Marklund," he said. "I feel like we're part of the family too."