

Welcome the newest staff members to our Marklund Team!



Rebecca Trapp- Paraprofessional, MDS

I come from a large family with four brothers, two sisters, eight nieces, and one nephew. I am engaged and can't wait to be married. I am from Bristol, Connecticut and moved to Bloomingdale about two months ago and love it. I have worked as a paraprofessional for three years and I love my work. My last school was Ana Grace Academy of the Arts. I love the arts and movies. I like to walk around our neighborhood and visit the museums in Chicago.



John Glenn Inobio- PSP, MPC

I have my parents, a brother, and sister. I was born in the Philippines, grew up in Hawaii, and now live in Streamwood. I have worked at Lexington Health Care as a CNA. My hobbies include basketball, going to the gym, boxing, playing guitar, and singing.



Cathy Gunderlock- Group Home Manager, MHC

My husband and I have been married for ten years. I have two kids, a boy and a girl. I am from the Philippines, moved to the U.S. when I was nine, grew up in the suburbs, and now live in Winfield. I have worked in Milestone as a Residential Service Coordinator, The Association for Individual Development as a job coach, and Day One PACT as a Service Coordinator. In my spare time I like spending time with my kids, movies, music, and walks.



Lauri Benson- Hairdresser, MHC

I have been married for 28 years with two sons. I live in Batavia. I have worked at Rotolo Middle School and GMar Hair Salon in West Chicago. My hobbies include making cards, scrapbooking, gardening, camping, and hiking.



Aaron Smith- PSP, MHC

I have a nice family who are all in the medical field. I live in Dekalb. I have worked at TJ Maxx, CTC Teleservices, Atlas Chicken Shack, and Autumn Leaves. I enjoy playing sports like basketball and football, hanging out friends, working out, and playing video games.

REMINDER

Extra \$\$ for those enrolled in Marklund's insurance plans!

Today's paycheck is the 3rd pay day of the month, which means no insurance deductions taken! (403b contributions and UNUM premiums will be deducted)

*Brittany Leonhard,
Benefits Coordinator/HR Generalist II*



Marklund will conduct the annual
Voice of the Employee survey
from
February 4-22!

Eligible employees will receive an email from
VoiceOfTheEmployee@marklund.org
on February 4th with a link to complete the survey.

To show appreciation for employee feedback, employees who complete the survey will be able to reserve a Marklund shirt when they show the printed confirmation of their survey to a location representative.
(Please note the shirt is complimentary for taking the survey, but employees will need to order their shirt to ensure correct size.)

Representatives for each location

- **MWC- Denise**
- **MHC- Mary or Susan**
- **MPC- Rose H**
- **MDS- Peggy.**



**ALL RESPONSES TO SURVEY
ARE 100% ANONYMOUS**

January 31, 2019

Psychologists tells us there are three basic ways in which we learn. These are:

- Visual **See**
- Auditory **Hear**
- Kinesthetic **Do**

What is the dominate way most of us learn? The vast majority of us (65%) are **visual** learners. This makes sense when science has discovered that the brain processes pictures 60,000 times faster than text.

What makes this even more logical is the function of the optic nerve; a cable-like group of nerve fibers that connects and transmits visual information from the eye to the brain. These nerve endings make up **40%** of all of the nerve endings connected to the brain; almost half dedicated just to the eye!

It is interesting that the recognition program that we have for the over-and-above things that we experience our fellow staff do is called: **You Caught My Eye**...not my Ear or my Hand. It is something that we saw someone do that made an impression.

You may have heard the saying:

Some things are caught not taught

We learn by observing and absorbing.

In the last year, we have had a huge increase in the number of *You Caught My Eye* recognitions turned in each month. Keep it up! The great thing is that everyone who is recognized is a winner just by you giving him or her the YCME sticker.

I am deeply grateful, not just for those of you who receive the recognition, but to each of you who take the time to thank your fellow staff.

Gil



P.S. I want to thank the **Maintenance Staff** who are everyday heroes to all of us. This week we have experienced the coldest temperatures that this area has experienced in over 50 years and yet **Kerry Berg** and his staff: **Adrian, Ahmed, Bob, Lucas, Paul** and **Ralph**, are out there making it safe and comfortable for our residents, community-clients, students and staff. From all of us...we appreciate ALL that you do.

Congratulations to

Gil Fonger,
Marklund President & CEO,
on passing the state and federal exams to become
a Licensed Nursing Home Administrator.



Congratulations to to Michelle Orwig, RN,

on being named the new Administrator
of the Marklund Wasmond Center.
Best of luck in your new role!



Who's Who at Marklund –

Paula Bodzioch,
Director of Education



Office Location: MDS
Reports to: Gil Fonger
Joined Marklund: 2014

Prior to joining the team at Marklund Day School, Paula worked in a public school setting for 13 years. In the public school arena, she was a special education teacher, student resource team leader, special education department chair and assistant principal of curriculum and development. Paula has a bachelor's degree from Benedictine University and a master's degree from St. Xavier. Contact information: pbodzioch@marklund.org

Joan Rubino,
Director of Human Resources



Office Location: MHC
Reports to: Gil Fonger
Joined Marklund: 1991

Joan has worked for Marklund for more than 26 years, always within the Human Resources Department. She started off as the Human Resources Designee for the Marklund Children's Home (MPC). She left Marklund in 1998 but returned about a year later. Over the years, she became the Human Resources Manager and was responsible for the Human Resources function throughout the organization. She was promoted to Director of Human Resources in 1998. Previous to Marklund, Joan worked in the HR Department at MacNeal Hospital in Berwyn. Contact information: jrubino@marklund.org

FOCUSING on SPOT

**SPOT stands for
Strategic Planning and
Operations Team.**

It consists of 10 Senior Management staff, led by Gil Fonger. For the next several issues of Connections, we will provide a brief bio of each SPOT member to help staff get to know the team.

#RepresentMarklund!

Angela Williams,
MDS Assistant Principal,
recently represented Marklund in
London and Barcelona!

**On your next vacation or getaway,
bring Marklund along!**

*Take a photo of yourself wearing Marklund
attire, and we'll include it in an upcoming
edition of Connections. We want to see
how many places and just how far the
Marklund brand can reach!*



Email your pics to Dawn Lassiter-Brueske, Director of Marketing & Communications, at dlassiter@marklund.org.



*MHC DT classes did a research project on Google about other
people and places named Marklund, or Mark Lund, and came up
with some interesting finds! Their results are presented on
posters hung outside the MHC Dining Room. They actually
reached out to some of these folks but unfortunately did not
hear back. Check it out!*

Employee Assistance Program
Helping you manage life's challenges.
Call 888-933-1327



Sayers Squad Beats Cabin Fever

After several days of cabin fever due to the weather, the "Sayers Squad" got creative with the residents and their living spaces. They cleaned, organized, and color coded closets, played new games, gave extra baths to help out the pm staff, and kept all the residents happy and comfortable! Brea Jones, Jen Johnson, and Amber Kartheiser, you definitely CAUGHT MY EYE!

#Sayerssquad
You are appreciated!
Melissa Lloyd, LPSP MSH

QUICK TAKES & TAKEAWAYS

from the Marklund Retention Program



MPC RNs signed personalized cards for each PSP and presented them with Starbucks cups filled with treats.

This was a very nice effort and idea from our Super Team RNs—Gunjan Patel, MPC Administrator



The MHC "Flex Point"

board reflects the "Top Flex Point Earners" for December, showcasing those who have picked up the most shifts. #Teamwork!



Congratulations to Erik Ontiveros, a PSP at MHC, on being the first winner of the Marklund Referral Program and receiving a \$250 Amazon Gift Card!

Erik referred someone to apply at Marklund and was entered into a drawing along with other staff members who also made referrals. Kathy Garza, Marklund Finance Manager, pulled the winning entry last Friday!

Remember, for each person you refer (hired or not), you earn a chance to win. The more referrals, the more chances to win.

A new hire for MPC was referred by her mother who is on staff at MHC!

Onboarding continues, lots of team building underway as everyone settles into their homes. The new case managers and group home managers are starting to spread their wings. New Lead PSPs are completing their orientation and getting settled into their individual homes. Working on building teamwork and supporting everyone adjusting to new schedules.

— Krissy Dolen, MHC Administrator

DON'T RISE TO THE BAIT – 'PHISHING' ISN'T FUN!

Phishing – A technique to gain access to your private or organizational information by using seemingly harmless email or text attachments, links or websites.



According to Microsoft, the potential cost of cyber-crime to the global community is a mind-boggling **\$500 billion**, and a data breach will cost the average company about **\$3.8 million**.

43 % of cyber-attacks are aimed at small businesses, such as Marklund.

78 % of people claim to know the risks that come with clicking unknown links in emails and yet still click these links.

What should YOU do? (Or rather, NOT do?)

1. **Be cautious** about opening attachments or clicking on links in emails or texts! Even your friend, family, or co-worker's accounts could be hacked. Be especially cautious if there is some sort of urgency to the email. Are words misspelled or did they use bad grammar? Is it addressed to you by name or merely to "Card Holder," "Customer," or some other generic label?
2. **Hover your mouse** (without clicking) over the link – this will show you the full URL of where the link is trying to direct you. Is it legitimate?
3. **Do your own typing** – don't click on a link to dial a number or go to a website. Double check it first and then type in the phone number/URL yourself instead of clicking a link to connect.
4. **Make the call** if you are not sure. Call the company, friend or family member directly to ask them if they actually requested this information – don't use the phone number on the email – look it up yourself to verify.
5. **Report** any possible phishing texts and emails you receive via a Marklund account or device to Tom Kazda, Director of IT, or Wendy Berk, Finance and IT Associate.

The most common phishing emails pose as:

1. **Account verification** – an email informs you there is a problem with an account (such as Facebook, Amazon, Walmart) and includes a link for you to click on. The link actually takes you to a fake website where any data you enter is stolen by the criminal.
2. **Sharing files on the Cloud** – in this case the attack uses imitations of well-known file storage companies (Dropbox, Google Docs, Box.com or Office 365) to convince you to click on a link to see a "shared" document.
3. **Package Delivery** – an email that seems to come from a well-known delivery company (UPS, FedEx or DHS) asks you to click on a link for information about your "order."
4. **Tax Fraud** – an email that seems to come from the IRS claims you owe money but that you can avoid additional fines, legal action or liens against your property. Remember the IRS NEVER uses email as a way to collect alleged back taxes!
5. **Fake Invoices** – an email that claims you or your company owe the amount on the attached invoice. Clicking on the attachment can infect your computer with malware or a virus.

SAVE THE DATE

Welcome back Marklund's, Little Angel's Pledge Run,
hosted by Harley Davidson Woodstock on **June 2nd, 2019.**



Enjoy a ride through the country,
followed by a great party!

LITTLE ANGELS PLEDGE RUN

Woodstock Harley-Davidson
2235 S. Eastwood Dr. Woodstock, IL



Registration and volunteer opportunities coming soon! Questions?
Contact Natalie Sarby at (630) 593- 5461 or nsarby@marklund.org

UPCOMING EVENTS

AMITA HEALTH™
presents

APRIL 28, 2019



Register today for Bloomingdale's Second Annual
RUN, WALK, & ROLL 5K/1MILE event.

Participant T-shirt, delicious food, live music, mini horses, prizes, and more!

Fill out a status form and return to Race Director Natalie Sarby, or register online at
www.marklund.org/5kbloomingdale

or additional information or questions, please contact Natalie Sarby at nsarby@marklund.org.



MARKLUND - STATUS CHANGE AUTHORIZATION

Check Employee Home Location:

☐ MPC ☐ MHC ☐ MWC ☐ MDS ☐ MTH
☐ MSH ☐ MHH ☐ MMC3 ☐ MRH ☐ MVH

Status Prior to Change: for name change, employee must go to Human Resources to complete all Benefit Change Forms

Employee Name		Employee SSN	Today's Date	Effective Date of Change Same as Today's Date	
Dept. No.	File No.	Job Title		Position No.	Shift
F.T.E.	Badge No.	Base Rate			

Labor Allocation:

☐ MHC _____% ☐ MDS _____% ☐ MVH _____% ☐ MSH _____% ☐ MRH _____%
☐ MCH _____% ☐ MMC3 _____% ☐ MHH _____% ☐ MTH _____%
☐

PLEASE MAKE THE FOLLOWING CHANGES:

Dept. No.	File No.	Job Title	Shift	Dept. No.
F.T.E.	Badge No.	Base Rate		

I AM ENROLLING TO PARTICIPATE IN THE MARKLUND RUN, WALK, & ROLL- Bloomingdale ON APRIL 28, 2019. PLEASE DEDUCT THE FOLLOWING AMOUNT ONCE FOR MY ENROLLMENT FEE.

(PLEASE CIRCLE THE ENROLLMENT LEVEL YOU CHOOSE TO PARTICIPATE IN)

\$35.00 – PARTICIPATE IN THE 5K with shirt

\$25.00- PARTICIPATE IN THE 1 Mile with shirt

*Shirt Size: S M L XL 2XL 3XL

*Shirts Available Until April 12th

AGE ON RACE DAY: _____

YOUR CELL #: _____

YOUR EMAIL: _____

EMERGENCY CONTACT NAME/PHONE: _____

Employee Signature (required)

Manager/Supervisor Signature (required)

Date

Human Resources Signature (required)

Date

VP/Executive Signature (all raises over stated guidelines)

Date



CHECK OUT THE "MARKLUND MINUTE" VIDEO!

You may be next!

*How many questions about yourself can YOU answer in one minute? Using this fun, quick-paced format, we will be showcasing Marklund staff in new **Marklund Minute** videos!*

Gil Fonger volunteered to be our first victim--check out his video on Marklund's YouTube page at <https://youtu.be/z2zYImMfat8>

And be ready...you never know when you might be handed a stack of cards with easy-to-answer questions and asked to join in the fun!

GLEN'S Kitchen

FRENCH ONION SOUP

Ingredients:

- 2 tablespoons butter
- 4 large Spanish onions,
quartered and cut into 1/4-inch slices
- 1/2 teaspoon salt
- 1/4 cup flour
- 9 cups beef broth
- 3/4 cup red wine
- 3 tablespoons brandy
- 1 bay leaf
- 1/2 teaspoon dried thyme
- 1/2 teaspoon black pepper
- CROUTON BREAD SLICES
- 1 tablespoon olive oil
- 1/2 teaspoon garlic powder
- 4 slices French bread, 1/2-inch thick
- TOPPING
- 4 -6 ounces gruyere cheese, shredded (or mozzarella)

DIRECTIONS

SOUP: In dutch oven, melt butter over medium heat. Add onions and salt, cover and cook until softened, stirring occasionally about 15 minutes. Uncover and cook until caramelized, about 30 minutes more. Stir in flour; cook 2 minutes. Stir in remaining ingredients. Simmer, partially covered about 30 minutes. Remove bay leaf. Cool and refrigerate till next day.

CROUTON BREAD SLICES: Preheat oven to 375°F Mix olive oil with garlic powder and brush both sides of bread slices with the oil mixture. Place on baking sheet and bake 12 minutes, turning once, until bread is slightly toasted. Set aside.

TO SERVE: Preheat broiler. On stovetop, heat soup to a simmer. Ladle soup into 4 broiler safe bowls. Top with french bread slices and cheese. Place bowls on baking sheet and broil 4" from heat until cheese is bubbly. about 2 minutes. Garnish with fresh chopped parsley.

