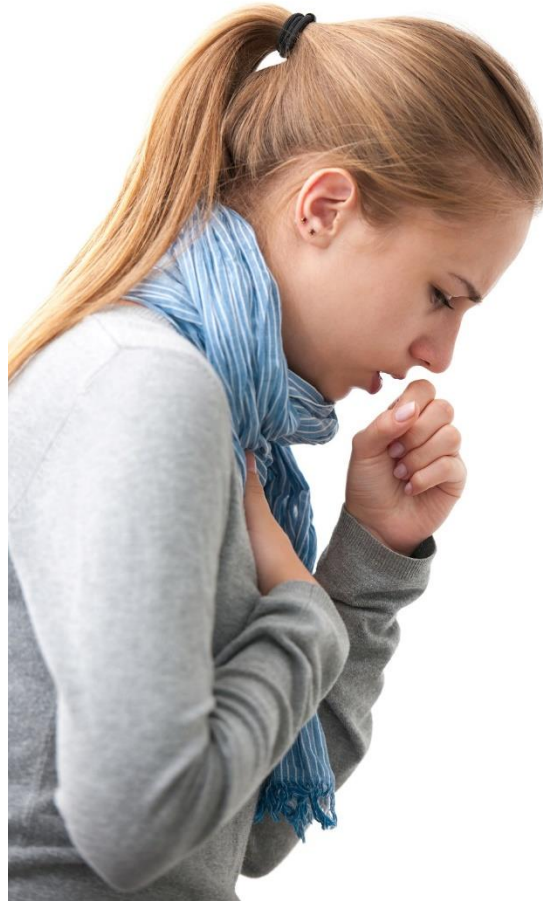


Personal Hygiene

How to Cough Appropriately



Sometimes when we get sick, we may cough.



Find “sick” on your device.
Have a few students come up
and circle on board.

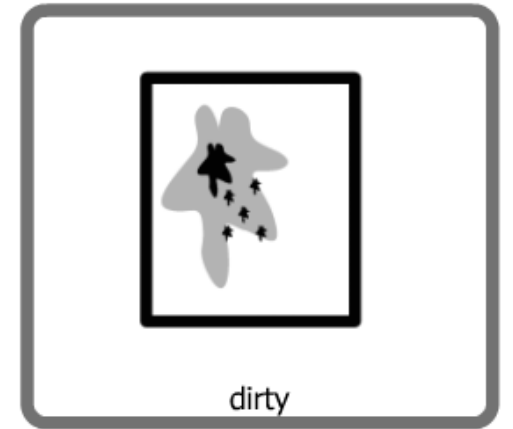
Coughing can spread germs. Germs can make you sick and get things dirty.



Coughing Spreads Germs

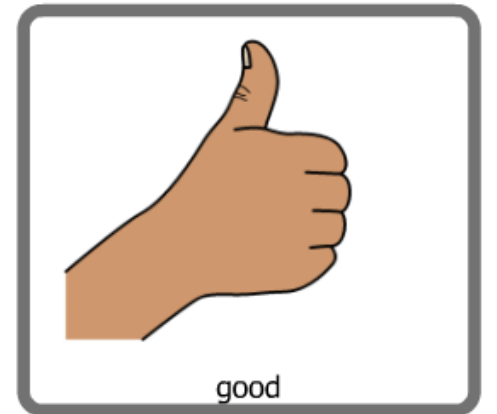


Covering a Cough Keeps Germs From Spreading



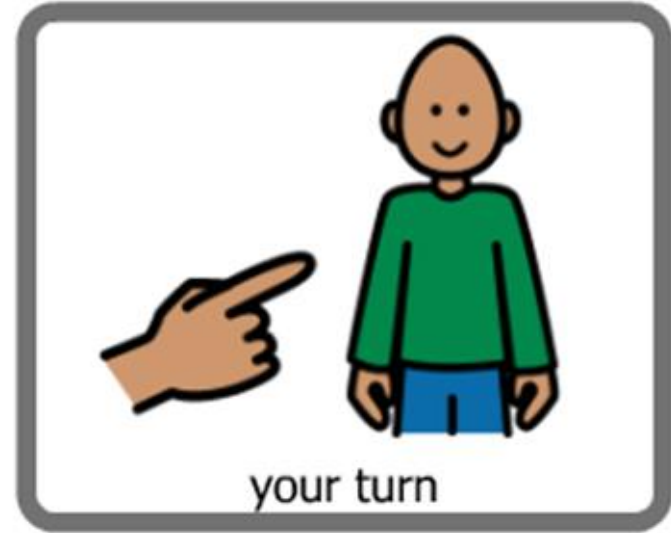
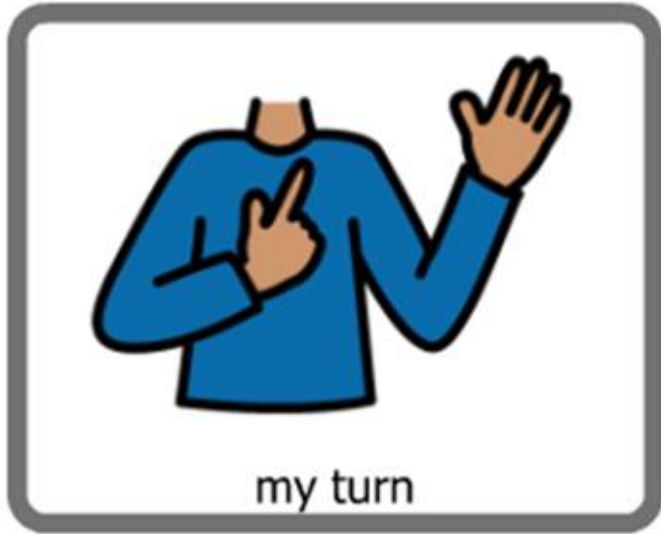
Find “dirty” and on your device or use core words board. Have a few students come up to circle the words on smartboard.

In order to stop from spreading germs when you cough, you can cough into a Kleenex or your elbow to cover your face. This is good for you.



Find “good” on your device. Have students come up and circle the words.

First, it is my turn to model how to cough.
Then it is your turn to try.



Quiz Time

- Which way should you cough?

